



General Tournament Rules Forms, Weapons and Sparring



Permitted Hyungs

The only Hyungs permitted are those required by a contestant up to their current rank or the one(s) needed to exit their current rank. There will be no exceptions.

Sparring Equipment

Safety protection is mandatory. Head, hand, foot and mouth protection is required for all competitors. Male competitors must also wear groin protection. Additional safety equipment is optional but must be approved by the Ring Master.

Match Time

1. Eliminations & Finals ~ 2 minutes
1st OT ~ 1 minute (most points) 2nd OT ~ Sudden Victory

Winning Match

1. Eliminations & Finals – Most Points

Points

Points shall be called for techniques having correct form, distance, balance, focus and control. Body ~ front and side from the belt. Head ~ head gear (front & side)

1. Hand technique to all valid areas – 1 point
2. Kicks to all valid areas – 1 point

NOTE: No contact allowed to the head and light contact allowed to the body.

Fouls ~ Any three fouls will result in disqualification

Competition Ethics

Participants ~ Complaints or appeals will not be allowed. Contestants shall inform their own instructor of any perceived unjustifiable judgments or conduct in the ring.

Instructors, Parents, Spectators ~ Coaching is not allowed. Provocative behavior at the side of the ring will not be tolerated. If you feel that the application of the rules has been improper, report it to the Tournament Arbitrators.